

1. Wohlrab, Silke & Fink, Bernhard & Kappeler, Peter & Brewer, Gayle. (2009). Perception of human body modification. *Personality and Individual Differences*. 46. 10.1016/j.paid.2008.09.031.
2. DiPopolo, Julie. Evaluating body modification as a social stigma: Using latent class analysis to determine dimensions of stigmatization. Fordham University, 2010.
3. Dukes, R. L., & Stein, J. A. (2014). Evidence of Anticipatory Socialization Among Tattooed, Wannabe, and Non-Tattooed Adolescents: Differences in Attitudes and Behavior. *SAGE Open*, 4(2). <https://doi.org/10.1177/2158244014538261>
4. Hong, Bo-Kyung, and Hyo Young Lee. "Self-esteem, propensity for sensation seeking, and risk behaviour among adults with tattoos and piercings." *Journal of public health research* vol. 6,3 1107. 13 Dec. 2017, doi:10.4081/jphr.2017.1107
5. Adams, Joshua R. "TRANSIENT BODIES, PLIABLE FLESH: CULTURE, STRATIFICATION, AND BODY MODIFICATION DISSERTATION." *OhioLINK*, 8 June 2016, https://www.ohiolink.edu/content/ohiolink_electronic_theses_and_dissertations.
6. Amplify Africa. "A Brief History of African Body Markings." *Amplify Africa*, 28 Sept. 2022, <https://www.amplifyafrica.org/a-brief-history-of-african-body-markings/>.
7. animerose. "Anime in America: The Adverse Affect on Women." Edited by Candice Evenson, Misagh, BreannaWaldrop, ees, Pamela Maria, Munjeera., *The Artifice*, 23 Mar. 2020, <https://the-artifice.com/anime-women/>.
8. "Ayurveda." *Johns Hopkins Medicine*, 2 Dec. 2019, <https://www.hopkinsmedicine.org/health/wellness-and-prevention/ayurveda>.
9. "Ayurvedic Medicine: In Depth." *National Center for Complementary and Integrative Health*, U.S. Department of Health and Human Services, Jan. 2019, <https://www.nccih.nih.gov/health/ayurvedic-medicine-in-depth>.
10. Baker, Toni. "Gene Variants Provide Insight into Brain, Body Incongruence in Transgender." *ScienceDaily*, ScienceDaily, 5 Feb. 2020, <https://www.sciencedaily.com/releases/2020/02/200205084203.htm>.
11. "Body Modification & Body Image." *Bradley University*, <https://www.bradley.edu/sites/bodyproject/disability/modification/>.
12. Brangarrán, T. Phae-Anne. "Body Modification and Contemporary Rites of Passage." *Art and Discord Studios*, Art and Discord Studios, 7 Nov. 2019, <https://www.artanddiscordstudios.com/blog/0w378m4k7n01f5eop1o8qjkod27b7v>.
13. Burgemeester, Alexander. "Psychology of Tattoos, Body Piercings and Sexual Activity." *Psychologized*, 6 July 2019, <https://www.psychologized.org/psychology-of-tattoos-body-piercings-and-sexual-activity/>.
14. Cloud, Duane. "Take Online Courses. Earn College Credit. Research Schools, Degrees & Careers." *Cultural Body Modification: History & Examples*, <https://study.com/academy/lesson/cultural-body-modification-history-examples.html>.
15. Erkal, Melis Mulazimoglu. "The Cultural History of the Corset and Gendered Body in Social and ..." *European Journal of Language and Literature Studies*, 2017, https://www.researchgate.net/publication/320590677_The_Cultural_History_of_the_Corset_and_Gendered_Body_in_Social_and_Literary_Landscapes.

16. Evans, Ashtyn. "A Good or Bad Thing?" *SheKnows*, 11 July 2018, <https://www.sheknows.com/health-and-wellness/articles/800874/the-sex-pros-and-cons-of-piercing/>.
17. Fried, Carla. "How to Encourage the Discriminated-against to Band Together." *UCLA Anderson Review*, 11 Sept. 2019, <https://anderson-review.ucla.edu/shared-stigma/>.
18. Garve, Roland, et al. "Scarification in Sub-Saharan Africa: Social Skin, Remedy and Medical Import." *Wiley Online Library*, 5 Apr. 2017, <https://onlinelibrary.wiley.com/doi/full/10.1111/tmi.12878>.
19. Gorlick, Adam. "Foot Binding and a Biological Approach to the Study of Chinese Culture." *Stanford University*, 21 Dec. 2009, <https://news.stanford.edu/news/2009/december21/footbinding-anthro-research-122109.html>.
20. Guynup, Sharon. "Scarification: Ancient Body Art Leaving New Marks." *Science*, National Geographic, 3 May 2021, <https://www.nationalgeographic.com/science/article/scarification-ancient-body-art-leaving-new-marks>.
21. Hill, Brittany M. "Body Modifications: Perceptions of Tattoos and the Examination of Gender, Tattoo Location, and Tattoo Size." *Digital Collections at Texas State University*, 1 Dec. 2016, <https://digital.library.txstate.edu/handle/10877/6436>.
22. Hosie, Rachel. "Blind People Describe What Beauty Means to Them." *The Independent*, Independent Digital News and Media, 14 Sept. 2017, <https://www.independent.co.uk/life-style/blind-people-beauty-what-means-attraction-appearance-video-a7946126.html>.
23. "Is Waist Training Safe? Get Educated before You Start." *Orchard Corset*, <https://www.orchardcorset.com/pages/is-waist-training-safe>.
24. Johnson, Kim, et al. "Dress, Body and Self: Research in the Social Psychology of Dress - Fashion and Textiles." *SpringerLink*, Springer Berlin Heidelberg, 22 Nov. 2014, <https://link.springer.com/article/10.1186/s40691-014-0020-7>.
25. Kertzman, Semion, et al. "Do Young Women with Tattoos Have Lower Self-Esteem and Body Image than Their Peers without Tattoos? A Non-Verbal Repertory Grid Technique Approach." *PLOS ONE*, Public Library of Science, 25 Jan. 2019, <https://journals.plos.org/plosone/article?id=10.1371%2Fjournal.pone.0206411>.
26. Kościński, Krzysztof. "Assessment of Waist-to-Hip Ratio Attractiveness in Women: An Anthropometric Analysis of Digital Silhouettes - Archives of Sexual Behavior." *SpringerLink*, Springer US, 24 Aug. 2013, <https://link.springer.com/article/10.1007/s10508-013-0166-1>.
27. Lu, Sen, and Rong Zhang. "The Influence of Japanese Anime on the Values of Adolescent." *The Influence of Japanese Anime on the Values of Adolescent | Atlantis Press*, Atlantis Press, 1 July 2019, <https://www.atlantispress.com/proceedings/ichssd-19/125911645>.
28. Malchik, Antonia. "The Neglected Consequences of Foot-Binding." *The Atlantic*, Atlantic Media Company, 14 Feb. 2020, <https://www.theatlantic.com/health/archive/2020/02/lasting-damage-foot-binding/606439/>.

29. Markarian, Taylor. "What People Find Unattractive in Different Parts of the World - the List." *TheList.com*, The List, 20 Oct. 2020, <https://www.thelist.com/59686/people-find-unattractive-different-parts-world/>.
30. Nally, Claire. "Goth Beauty, Style and Sexuality: Neo-Traditional Femininity in Twenty-First Century Subcultural Magazines." *Northumbria Research Link*, Manchester University Press, 1 Nov. 2018, <https://nrl.northumbria.ac.uk/id/eprint/28540/>.
31. Nesbitt, Bernice M. "In the Eye of the Beholder: How Women Who Are Blind or Visually Impaired." *University of The Pacific Scholarly Commons*, 2018, https://scholarlycommons.pacific.edu/cgi/viewcontent.cgi?article=4128&context=uop_etds.
32. Newman, Sabrina. *The Evolution of the Perceptions of the Goth Subculture*. 26 Apr. 2018, https://scholarsarchive.jwu.edu/cgi/viewcontent.cgi?article=1029&context=student_scholarship.
33. Nimmi. "Science of Ayurveda." *Ayurveda- Science of Ayurveda, The Science of Healthy Living*, <https://www.indianmirror.com/ayurveda/ayurveda-science.html>.
34. Nimmi. "Significance of Ear Piercing." *INDIANMIRROR*, <https://www.indianmirror.com/culture/indian-folklore/Ear-piercing.html>.
35. "THE PSYCHOLOGY OF BODY MODIFICATION." *Painful Pleasures*, 20 Mar. 2015, <https://www.painfulpleasures.com/community/blog/tattoo/psychology-body-modification/>.
36. Purim, Kátia Sheylla Malta, et al. "Piercings in Medical Students and Their Effects on the Skin." *Anais Brasileiros De Dermatologia*, Sociedade Brasileira De Dermatologia, 2014, <https://www.scielo.br/j/abd/a/L9dkr7NyXcC4xrnG8bt5zmm/?lang=en>.
37. Reardon, Sara. "The Largest Study Involving Transgender People Is Providing Long-Sought Insights about Their Health." *Nature News*, Nature Publishing Group, 24 Apr. 2019, <https://www.nature.com/articles/d41586-019-01237-z>.
38. Schmitt, Kaci. "Exploring Dress and Behavior of the Emo Subculture." *DigitalCommons@Kennesaw State University*, 2011, <https://digitalcommons.kennesaw.edu/etd/465/>.
39. Shevchenko, Natalia. "*Body Modifications as a Gender Related Cultural and Social Phenomenon*." University Of Helsinki, Apr. 2018, https://helda.helsinki.fi/bitstream/handle/10138/235673/Natalia%20Shecvhenko_master%20thesis.pdf?sequence=2.
40. Thomas, Morgen L. "Sick/Beautiful/Freak: Nonmainstream Body Modification and the Social Construction of Deviance." *Sage Open*, 22 Nov. 2012, <https://journals.sagepub.com/doi/10.1177/2158244012467787>.
41. Tnn. "The Science behind Ear Piercing and Other Traditional Beliefs." *The Times of India*, Times of India, 24 June 2019, <https://timesofindia.indiatimes.com/life-style/health-fitness/health-news/the-science-behind-ear-piercing-and-other-traditional-beliefs/photostory/69924553.cms>.
42. Tone, Sixth. "For China's Abandoned Children, Acrobatics Is a Harsh Last Hope." *#SixthTone*, 18 Apr. 2019, <https://www.sixthtone.com/news/1003854/for-chinas-abandoned-children%2C-acrobatics-is-a-harsh-last-hope>.

43. Trinidad, Nicole, and Cameron Winston . “Hypersexualization Plagues Anime Storylines.” *Daily Titan*, 5 Mar. 2021, https://dailytitan.com/opinion/hypersexualization-plagues-anime-storylines/article_2f91db1c-7c92-11eb-8b7b-73b24a12e8f6.html.
44. Vasquez-Rondon , Gabriela, et al. “The Anime Industry Needs to Stop Hyper-Sexualizing Underaged Girls: Opinions.” *The Link*, 17 Mar. 2021, <https://thelinknewspaper.ca/article/the-anime-industry-needs-to-stop-hypersexualization-underaged-girls>.
45. Winge, Theresa M. “History of Scarification.” *Love To Know*, LoveToKnow, <https://fashion-history.lovetoknow.com/body-fashions/scarification>.
46. Wolk, Laura. “What Beauty and Positive Body Image Mean to a Blind Woman.” *Verily*, Verily, 25 July 2014, <https://verilymag.com/2014/07/beauty-in-the-eye-of-the-beholder>.