

1. Sunaina Mullick, Here Are The Main Differences Between Dating And Being In A Relationship, In Case You're Confused. Apr 25, 2019. Times Internet Limited.
<https://www.mensxp.com/relationships/relationship-advice/43155-here-are-the-main-differences-between-dating-and-being-in-a-relationship-in-case-you-re-confused.html>
2. Anna Brown, Nearly Half of U.S. Adults Say Dating Has Gotten Harder for Most People in the Last 10 Years. AUGUST 20, 2020. Pew Research Center.
<https://www.pewresearch.org/social-trends/2020/08/20/nearly-half-of-u-s-adults-say-dating-has-gotten-harder-for-most-people-in-the-last-10-years/>
3. Finkel, E. J., Simpson, J. A., & Eastwick, P. W. (2017). The Psychology of Close Relationships: Fourteen Core Principles. Annual review of psychology, 68, 383–411.
<https://doi.org/10.1146/annurev-psych-010416-044038>
- IResearchNet. Changing Nature of Dating Across History. IResearchNet.
4. <http://psychology.iresearchnet.com/developmental-psychology/childhood-and-adolescence-development/dating/>
5. AMANDA BARROSO, Key takeaways on Americans' views of and experiences with dating and relationships. August 20,2020. Pew Research Center.
<https://www.pewresearch.org/fact-tank/2020/08/20/key-takeaways-on-americans-views-of-and-experiences-with-dating-and-relationships/>
6. Frazzetto G. (2010). The science of online dating. Can the application of science to unravel the biological basis of love complement the traditional, romantic ideal of finding a soul mate?. EMBO reports, 11(1), 25–27. <https://doi.org/10.1038/embo.2009.264>
7. Harini Natarajan, Certified Emotional Intelligence Practitioner. Dating Vs. Relationship: Know Where You Are With Your Partner. February 22,2022. Incnut Digital.
<https://www.stylecraze.com/articles/dating-vs-relationship/>
8. Emma Betuel. LANDMARK STUDY ON 11,196 COUPLES PINPOINTS WHAT DATING APPS GET SO WRONG. July 27, 2020. Inverse.
<https://www.inverse.com/mind-body/dating-study-predicts-happy-relationships>
9. Ann Conkle. Modern Love: Scientific Insights from 21st Century Dating. February 1 2010. Association for Psychological Science.
<https://www.psychologicalscience.org/observer/modern-love-scientific-insights-from-21st-century-dating>
10. Mongeau, Paul & Jacobsen, Janet & Donnerstein, Carolyn. (2007). Defining Dates and First Date Goals Generalizing From Undergraduates to Single Adults. Communication Research - COMMUN RES. 34. 526-547. 10.1177/0093650207305235.

https://www.researchgate.net/publication/249682958_Defining_Dates_and_First_Date_GoalsGeneralizing_From_Undergraduates_to_Single_Adults/citation/download5

11. Gillath, O., Adams, G., & Kunkel, A. D. (Eds.). (2012). Relationship science: Integrating evolutionary, neuroscience and sociocultural approaches. American Psychological Association.
12. Kasey Eickmeyer, Paul Hemez, Wendy D. Manning, Susan L. Brown, and Karen Benjamin Guzzo. Trends in Relationship Formation and Stability in the United States: Dating, Cohabitation, Marriage, and Divorce. Marriage Strengthening Research & Dissemination Center.
<https://mastresearchcenter.org/mast-center-research/trends-in-relationship-formation-and-stability-in-the-united-states-dating-cohabitation-marriage-and-divorce/>